

# AAWCC

## AMERICAN ASSOCIATION FOR WOMEN IN COMMUNITY COLLEGES CCCD CHAPTER

PRESENTS

**DR. LAWRENCE J. SANTORA, M.D.  
ORANGE COUNTY HEART INSTITUTE**

### A MATTER OF THE HEART

*DR. SANTORA WILL DISCUSS WOMEN AND HEART DISEASE: THE NEW EPIDEMIC AND THE OC HEART DIET: A NEW APPROACH TO PREVENTING HEART DISEASE..... DR. SANTORA WILL DONATE A HEART AND LUNG SCAN (PRICED AT \$550 AND A COPY OF HIS BOOK 'THE OC HEART DIET')*

**Monday, November 21, 2005**

**5:30-7:30 P.M.**

**ORANGE COAST COLLEGE  
CAPTAIN'S TABLE**

**MENU: HOLIDAY TURKEY, BUTTERED FRESH GREEN BEANS W/ALMONDS, SAGE & GARLIC SWEET POTATOES, MASHED POTATOES W/TURKEY GRAVY, HOMEMADE STUFFING, CRANBERRY RELISH, HOMEMADE ROLLS, MIXED GREEN SALAD W/ CUCUMBERS & TOMATOES, PUMPKIN PIE CHEESE CAKE, COFFEE, HOT OR ICED TEA**

*Paid reservations required by November 16  
Please use reservation slip below*

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Reservation for: \_\_\_\_\_ Campus: \_\_\_\_\_  
(Name)

Preferred Phone at Campus or Home: \_\_\_\_\_

\_\_\_\_\_ \$12 member      \_\_\_\_\_ \$14 guest/non-member      \_\_\_\_\_ Request vegetarian meal

*Send this slip with your check (payable to AAWCC) to the attention of Anh Auduong (714-438-4663), AAWCC Treasurer, Coast Community College District, 1370 Adams Avenue, Costa Mesa, CA 92626*

**Bring a friend.**

**Non-members, students, and guests from other colleges are welcome.**